

Reverse Advent Calendar

This project is called a “Reverse Advent Calendar” because it starts **after** Christmas and you're **giving**, not receiving. Start with an empty box and each day you add the item listed on the calendar. When the box is full, you donate it to a food bank. This is only a rigid project if you want it to be. You may substitute items, finish late, skip days, or add multiple items on one day. This is a private activity and it's not a competition. If you have questions, contact Chis Clark.

These kinds of items are PREFERRED

- Nutritious, low-fat, whole grain, low sugar
- Plastic containers (rather than glass)
- Pop-top cans (rather than ones needing a can opener)
- Easy to prepare

Please do NOT donate the following:

- Fresh fruit or vegetable
- Frozen food
- Home-canned item
- Junk food
- Anything past its sell-by date
- Anything with any amount of alcohol
- Anything where the ingredients are not listed in English

Below are two food banks that DUCS supports. You may deliver the box yourself or let us know if you want someone to pick it up and take it for you.

Ladders of Hope, 717 E. Main St., Fennville, (269) 455-9452

Tuesday 5:00 - 7:00pm

Christian Neighbors, Community Church of Douglas, 6874 Wiley, (269) 857-1050

Mon/Tue/Thur/Fri 9:30am - 12:00pm

