



DOUGLAS UCC
A JUST WORLD FOR ALL

Order of Service for Sunday, October 9, 2022

Eighteenth Sunday after Pentecost

Thank you for joining us today.

For Announcements, Birthdays, Anniversaries, and Prayer List, [visit this week's E-Pistle here](#), where you can also subscribe to receive it by email, if you like.

***- stand if you wish to, and are able.**

Congressional Responses in Bold

Prelude *Sheep May Safely Graze*
(J. S. Bach, arranged by Egon Petri)
There Is a Balm in Gilead - arr. Lloyd Larson
Bob Ruddy
(Please use this time for quiet reflection and preparation for worship)

Welcome & Announcements

Lighting of Altar Candles & Ringing in the Hour

Let us recognize the light of the world within us and ring in the hour of worship.

Introit (please stand)

Love and Justice

Love and justice, peace and power, show us how to live each hour. Raise us up and set us free, show us how to live and be. Tell your neighbors, tell your friends, here's a place hope never ends. Love and Justice, Peace, and Power – God is with us in this hour. God is with us in this hour. God is with us in this hour. God is with us in this hour.

Call to Worship

Psalm 111

Reader: Margret Bazany

One: I will give thanks to God with my whole heart.

Many: In the company of the congregation, I will praise God's name.

One: Great are the works of God, studied by all who delight in them.

Many: Full of honor is God's work, and God's faithfulness endures forever.

One: God has gained renown by God's wonderful deeds;

Many: God is gracious and merciful. I will give God thanks.

One: God has shown the people the power of God's works.

Many: Holy and awesome is God's name.

One: Reverence of God is the beginning of wisdom.

Many: God's praise endures forever. Amen.

***Opening Hymn,**

This is the Day of New Beginnings

(Black New Century Hymnal No.417)

(Find Music at the end of this program)

Unison Prayer

Loving God: Jesus taught us that gratitude is a powerful spiritual tool. Today, I give thanks for a healthy mind and body and take part in activities that support this idea. I am grateful for loving relationships and instinctively act in ways that promote positive communication. I give thanks for abundance, knowing that I am divinely and continuously provided for. I take time each day to reflect on the good things I've experienced. Knowing that gratitude produces gratitude, I give thanks for blessings large and small. I am inspired to look at everything with greater appreciation. I give thanks for all blessings – those received, and those forthcoming. Amen.

Assurance of Grace and Peace

One: Peace be with you.

Many: **And also with you.**

One: Let us offer one another a sign of Peace.

Passing the Peace *Let It Breathe On Me*

*Let it breathe on me, let it breathe on me,
let the breath of the spirit breathe on me.*

*Let it breathe on me, let it breathe on me,
Let the breath of God now breathe on me.*

Words of Integration & Guidance

Andrew Merle

It's not even Halloween yet, but Thanksgiving and Christmas decorations are already on display in stores. This is a favorite time of year for many, in large part because we are surrounded by loved ones and visibly reminded of all that we have to be grateful for. If you're like me, you wish this feeling could last all year long. Just imagine feeling proud, thankful, and joyful on an ongoing basis, not only during the holiday season. A major step in that direction is developing an "Attitude of Gratitude." An attitude of gratitude means making it a habit to express thankfulness and appreciation in all parts of your life, on a regular basis, for both the big and small things alike. As spiritual teacher, Lewis Howes, says, "If you concentrate on what you have, you'll always have more. If you concentrate on what you don't have, you'll never have enough." Every day won't be perfect, but focusing on what we are grateful for tends to wash away feelings of anger and negativity. And in addition to improving mood, [recent studies](#) show that feeling and expressing gratitude leads to better physical health as well. [Paul Mills](#), a Professor at the University of San Diego School of Medicine, conducted studies that looked at the role of gratitude on heart health. Among other things, he found that participants who kept a journal most days of the week, writing about 2-3 things they were grateful for, had reduced levels of inflammation and improved heart rhythm compared to people who did not write in a gratitude journal. And the journal-keepers also showed a decreased risk of heart disease after only 2 months of this new routine! Developing an attitude of gratitude takes a bit of work, but it is one of the most impactful habits for a healthy and fulfilling life.

Give Thanks

The Words of Holy Scripture

One: A Reading of Scripture from Jeremiah 29:1, 4-7

One: Hear what the Spirit is saying to the Church.

Many: **Thanks be to God.**

The Gospel Lesson

One: The Holy Gospel according to Luke 17:11-19

Many: **Glory to you, O Christ.**

One: Hear what the Spirit is saying to the Church.

Many: **Praise to you, O Christ.**

Homily "The Attitude of Gratitude" **Rev. Salvatore Sapienza**

Offering & Offertory

Thankful

Jeff Spangler and Bob Ruddy

Composer: Carole Bayer Sager,

David Foster, and Richard Page

Joys & Concerns/Tibetan Prayer Bell

One: Thanks be to God!

Many: **Alleluia!**

One: O God,

Many: **Hear our prayer.**

***Doxology** *Give Thanks to the Lord*

Give thanks to the Lord for God is good and God's mercy shall endure.

For God alone has done marv'lous things, give thanks unto the Lord.

God made the earth and heaven with a strong and mighty hand.

God has moved us to sing, proclaim this song!

Give thanks unto our God.

***Celebration of Holy Communion**

One: God be with you.

Many: And also with you.

One: Lift up your hearts.

Many: We lift them up to God.

One: Let us give thanks to God.

Many: It is good to give God thanks & praise

***Creation's Praise** *Holy Holy Holy*

Holy holy holy, God of power and might.

Heaven and earth are full, are full of your glory.

Hosanna in the highest.

Blessed is the One who comes, who comes in God's name.

Hosanna in the highest.

(Please be seated)

Breaking of the Bread *This is the Body of Christ*

This is the body of Christ.

Broken that we may be whole:

This cup, as promised by God,

true to the word, cradles our Lord.

Food for the good of the soul.

Sharing of the Bread & Cup

(grape juice only on both sides of the aisle)

Receive the Bread of Life. **Amen.**

The Cup of Love, the Drink of Compassion. **Amen.**

***The Lord's Prayer**

Our Mother/Father, always and everywhere, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us.
Lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory forever.
Amen.

***Hymn of Sending** *Great is Your Faithfulness*
(Black New Century Hymnal No.423)
(Find music at the end of this program)

Benediction

Postlude *Joyful, Joyful We Adore Thee*
arr. Mark Hayes
Bob Ruddy

Keep up with the Douglas UCC community
and the work of our service groups here:

www.douglasucc.org

<https://www.youtube.com/douglasucc>

<https://www.facebook.com/douglasucc>

<https://www.instagram.com/douglasucc>

FAITH

417

This Is a Day of New Beginnings

2 Cor. 5:16-17

Brian Wren, 1978; rev. 1983

Unison

1 This is a day of new be - gin - nings, time to re -
 2 For by the life and death of Je - sus, God's might - y
 3 Then let us, with the Spir - it's dar - ing, step from the
 4 Christ is a - live, and goes be - fore us to show and
 * In faith we'll gath - er 'round the ta - ble to taste and

mem - ber and move on, time to be - lieve what love is
 Spir - it, now as then, can make for us a world of
 past and leave be - hind our dis - ap - point - ment, guilt, and
 share what love can do. This is a day of new be -
 share what love can do. This is a day of new be -

bring - ing, lay - ing to rest the pain that's gone.
 dif - ference, as faith and hope are born a - gain.
 griev - ing, seek - ing new paths, and sure to find.
 gin - nings— our God is mak - ing all things new.
 gin - nings— our God is mak - ing all things new.

*Alternate fourth stanza for Holy Communion

Brian Wren wrote this hymn in 1978 for a New Year's Day service in Oxford, England. The music is by the editor of two hymnals of the United Methodist Church and was composed for the original Wren text.

Tune: BEGINNINGS 9.8.9.8.
 Carlton R. Young, 1987

Great Is Your Faithfulness

Thomas O. Chisholm, 1923; alt.

Lam. 3:22-23

1 Great is your faith - ful - ness, O God, Cre - a - tor,*
 2 Sum - mer and win - ter, and spring - time and har - vest,
 3 Par - don for sin and a peace so en - dur - ing,

with you no shad - ow of turn - ing we see.
 sun, moon, and stars in their cours - es a - bove,
 your own dear pres - ence to cheer and to guide.

You do not change, your com - pas - sions they fail not;
 Join with all na - ture in man - i - fold wit - ness
 Strength for to - day and bright hope for to - mor - row,

all of your good - ness for - ev - er will be.
 to your great faith - ful - ness, mer - cy, and love.
 bless - ings all mine with ten thou - sand be - side.

*originally "my Father"

This hymn was one of a number sent by poet Thomas O. Chisholm to composer William M. Runyan for musical settings. It became a favorite of Will Houghton, president of Moody Bible Institute, whose enthusiasm helped establish its popularity.

Tune: FAITHFULNESS 11.10.11.10. with refrain
 William M. Runyan, 1923

THANKSGIVING

Refrain

Great is your faith-ful-ness! Great is your faith-ful-ness! Morn-ing by

morn-ing new mer - cies I see; All I have need - ed your

hand has pro - vid - ed, Great is your faith - ful - ness, God, un - to me!