



DOUGLAS UCC
A JUST WORLD FOR ALL

Order of Service for Sunday, February 04, 2024

Fifth Sunday after Epiphany

Thank you for joining us today.

For Announcements, Birthdays, Anniversaries, and Prayer List, [visit this week's E-Pistle here](#), where you can also subscribe to receive it by email, if you like.

***- stand if you wish to, and are able.**

Congregational Responses in Bold

Prelude *There is a Balm*

Peter Black

(Please use this time for quiet reflection and preparation for worship)

Welcome & Announcements

Lighting of Altar Candles & Ringing in the Hour

Let us recognize the light of the world within us and ring in the hour of worship.

Introit (please stand) *Arise! Shine!*

Arise, shine, for your light has come!

And the glory of our God has risen upon you like the sun.

Lift your eyes, look around, rejoice.

Lift your eyes, look around, rejoice.

Call to Worship

Psalm 147

Reader: Robert Trenary

One: How good it is to sing praises to our God;

All: For God is gracious, and a song of praise is fitting.

One: God heals the brokenhearted, and binds up their wounds.

All: God determines the number of the stars and gives to all of them their names.

One: Great is our God, and abundant in power;

All: God's understanding is beyond measure.

One: God covers the heavens with clouds, prepares rain for the earth;

All: God makes grass grow on the hills and gives to the animals their food.

One: Let us sing to God with great thanksgiving;

All: For our God is gracious. Praise be to God!

Opening Hymn *Make Me a Channel of Your Peace*
(Green Gather Hymnal No.726)
(See music at the end of this document)

Unison Prayer

Loving God, Your Son, Jesus, spoke of healing and wholeness. He tapped into the wellspring of life deep within his being and shared his healing consciousness with those around him. Through prayer, Jesus affirmed health and wholeness, bringing about remarkable results. The power of prayer aligns me with the spiritual quality of wholeness and reminds me that my essential nature is health and well-being. This realization of wholeness is a rejuvenating, balancing, correcting power that transforms my life and supports me in living from my wholeness. Power is at work in every cell of my body, and divine life flows through every aspect of my being. Thank you, God, for your healing power flowing through my body and healing my life. Amen.

Assurance of Grace and Peace

One: Peace be with you.

Many: *And also with you.*

One: Let us offer one another a sign of Peace.

Passing the Peace *Passing of Peace*

There is peace, there is hope, and it's not so far away.

There is peace, there is hope, and it's not so far away.

Words of Integration & Guidance

Eckhart Tolle

A true spiritual teacher does not have anything to teach in the conventional sense of the word, does not have anything to give or add to you, such as new information, beliefs, or rules of conduct. The only function of such a teacher is to help you remove that which separates you from the truth of who you already are and what you already know in the depth of your being. The spiritual teacher is there to uncover and reveal to you that dimension of inner depth that is also peace. A true spiritual teacher doesn't say: "Look at me," but "Look beyond me." That to which they point is not to be found within the realm of thought, but a dimension within yourself that is deeper and infinitely vaster than thought. A vibrantly alive peace is one of the characteristics of that dimension, reminding you of who you are and pointing the way back home. Because these thoughts came out of stillness, they have power — the power to take you back into the same stillness from which they arose. That stillness is also inner peace, and that stillness and peace is the essence of your Being. It is the stillness that will save and transform the world. This stillness is in you. The power is in you. The answer is in you. And you are the answer to all your searches: you are the goal. You are the answer. It's never outside.

Source of Strength

The Words of Holy Scripture

One: A Reading of Scripture from 1 Corinthians 9:16-23

One: Hear what the Spirit is saying to the Church.

All: *Thanks be to God.*

The Gospel Lesson

One: The Holy Gospel according to Mark 1:29-39

All: *Glory to you, O Christ.*

One: Hear what the Spirit is saying to the Church.

All: *Praise to you, O Christ.*

Homily

"Somewhere Else"

Stan Greene

Offering & Offertory

Do All You Can

Pamela Chappell

by Robers D. Anderson

Joys & Concerns/Tibetan Prayer Bell

One: Thanks be to God!

Many: *Alleluia!*

One: O God,

Many: *Hear our prayer.*

Doxology *Grateful

*Grateful for the life You give us, Thankful for your Holy son,
Joyful in your Spirit flowing over all O God of Love.*

*Grateful for the bread of heaven, Thankful for your Holy word,
Joyful in your mercy flowing, we will praise you.*

***Celebration of Holy Communion**

One: God be with you.

Many: *And also with you.*

One: Lift up your hearts.

Many: *We lift them up to God.*

One: Let us give thanks to God.

Many: *It is good to give God thanks & praise*

***Creation's Praise**

Santo Santo Santo, santo, santo, mi corazon te adora.

Mi corazon te sabe decir, santo eros Dios.

Holy, holy, holy, my heart, my heart adores you.

My heart is glad to say the words, You are holy God.

(Please be seated)

Breaking of the Bread

Come to the Table Come to the table of peace.

Come to the table of grace.

This is Christ's table not just yours or mine.

Come to the table of love.

Sharing of the Bread & Cup

(grape juice only on both sides of the aisle)

Receive the Bread of Life. *Amen.*

The Cup of Love, the Drink of Compassion. *Amen.*

***The Lord's Prayer**

Our Mother/Father, always and everywhere, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. Lead us not into temptation but deliver us from evil. For thine is the kingdom and the power and the glory forever.

***Hymn of Sending**

I Danced in the Morning
(Green Gather Hymnal No.708)
(Find Music at the end of this program)

***Benediction**

Postlude

My Tribute (To God Be the Glory)
by Andrae Crouch
Peter Black

Keep up with the Douglas UCC community
and the work of our service groups here:

www.douglasucc.org

<https://www.youtube.com/douglasucc>

<https://www.facebook.com/douglasucc>

<https://www.instagram.com/douglasucc>

726 Make Me a Channel of Your Peace

Verses 1, 2, 4



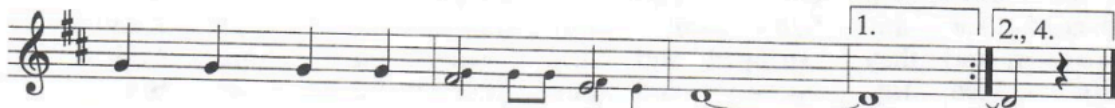
1. Make me a chan-nel of your peace. Where
 2. Make me a chan-nel of your peace. Where
 4. Make me a chan-nel of your peace. It



there is ha-tred, let me bring your love. Where
 there's de-spair in life, let me bring hope. Where
 is in par-don-ing that we are par-doned, in



there is in-ju-ry, your par-don, Lord, And
 there is dark-ness, on-ly light, And
 giv-ing of our-selves that we re-ceive, and in



where there's doubt, true faith in you.
 where there's sad-ness, ev-er joy.
 dy-ing that we're born to e-ter-nal life.

Verse 3



3. Oh, Mas-ter, grant that I may nev-er seek So much to be con-



soled as to con-sole. To be un-der-stood as to un-der-



stand. To be loved as to lovewith all my soul.

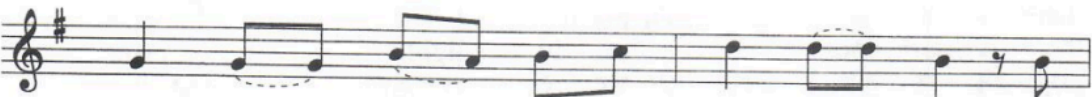
708 I Danced in the Morning



1. I danced in the morn - ing when the world was be - gun, And I
 2. I danced for the scribe and the phar - i - see, But
 3. I danced on the Sab - bath and I cured the lame: The
 4. I danced on a Fri - day when the sky turned black; It's
 5. They cut me down and I leap up high; †



danced in the moon and the stars and the sun, And I
 they would-n't dance, and they would-n't fol - low me; I
 ho - ly peo - ple said it was a shame. They
 hard to dance with the dev - il on your back. They
 I am the life that - 'll nev - er, nev - er die; I'll



came down from heav - en and I danced on the earth; At
 danced for the fish - er - men, for James and John; They
 whipped and they stripped and they hung me high, And
 bur - ied my bod - y and they thought I'd gone; But
 live in you if you'll live in me: †



Beth - le - hem I had my birth.
 came with me and the dance went on.
 left me there on a cross to die.
 I am the dance and I still go on.
 I am the Lord of the Dance, said he.



Dance then wher - ev - er you may be; I am the



Lord of the dance, said he. And I'll lead you all wher -



ev - er you may be, And I'll lead you all in the dance, said he.